



CHILDRENS COMMUNITY CENTER LUNCH MENU *January* 2023

Instructions Circle the lunch on the dates you choose

➡ Count all the days ordered, and write total lunches ordered in the appropriate box on the bottom.

➡ Cost per lunch: \$3.50

Your child's full name

Your child's room #

Due in Office Thursday, December 22nd, 2022

LATE ORDERS WILL NOT BE ACCEPTED

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL LAST DAY OF WINTER BREAK	3 Chicken N Gravy Brown Rice Mixed Vegetables Salad Mix w/Garnish Fruit Selection	4 Sloppy Joe Sandwich Cheddar Mashed Potatoes Salad Mix w/Garnish Fruit Selection	5 F&S Signature Chicken Red Beans and Rice Salad Mix w/Garnish Fruit Selection	6 Lasagna w/Meat ½ WG Bread Sice Salad Mix w/Garnish Fruit Selection
9 Hot Dog Seasoned Beans Salad Mix w/Garnish Fruit Selection	10 Soft Shell Taco Spanish Rice Salad Mix w/Garnish Fruit Selection	11 Brunch for Lunch (Waffles, Pancakes, or French Toast) Hash Brown Sausage Link Baby Carrots w/Dip Fruit Selection	12 Beanless Chili w/Toppings WG Crackers Salad Mix w/Garnish Fruit Selection	13 Hot Ham and Cheese Sandwich Seasoned Potatoes Salad Mix w/Garnish Fruit Selection
16 Tomato Basil Soup ½ Grilled Cheese Sandwich Salad Mix w/Garnish Fruit Selection	17 Chicken Nuggets Mixed Vegetables Garden Bar Fruit Selection	18 Cheeseburger w/ Works Seasoned Beans Fruit Selection	19 F&S Signature Chicken Rice Pilaf Salad Mix w/Garnish Fruit Selection	20 Spaghetti and Mariana Sauce String Cheese Whole Kernal Corn Fruit Selection
23 Chicken Patty Sandwich Green Peas Baby Carrots w/Dip Fruit Selection	24 Soft Shell Taco Spanish Rice Seasoned Beans Fruit Selection	25 MeatBalls Wheat Bread Slice Mashed Potatoes Salad Mix w/Garnish Fruit Selection	26 Lasagna ½ WG Bread Sice Salad Mix w/Garnish Fruit Selection	27 Hot Dog Carrot Coins Seasoned Beans Fruit Selection
30 Hot Ham and Cheese Sandwich Steamed Green Peas Salad Mix w/Garnish Fruit Selection	31 Beanless Chili w/Toppings Dinner Roll Salad Mix w/Garnish Fruit Selection			<u>Wheat Allergen Substitutes:</u> *White Rice for Brown Rice *Rye Bread for Whole-Wheat Bread *Corn Chips for Flour Shells *White Rice for Whole Wheat Pasta *Un-breaded Meats for Breaded Meats