



CHILDRENS COMMUNITY CENTER LUNCH MENU **December** 2022

<p>Instructions <u>Circle</u> the lunch on the dates you choose</p> <p>➔ Count all the days ordered, and write total lunches ordered in the appropriate box on the bottom.</p> <p>➔ Cost per lunch: \$3.50</p>	<p>Your child's full name</p> <p>Your child's room #</p>
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Monday	Tuesday	Wednesday	Thursday	Friday
Wheat Allergen Substitutes: *White Rice for Brown Rice *Rye Bread for Whole-Wheat Bread *Corn Chips for Flour Shells *White Rice for Whole Wheat Pasta *Un-breaded Meats for Breaded Meats			1 Hot Ham and Cheese Sandwich Steamed Green Peas Salad Mix w/Garnish Fruit Selection	2 Beanless Chili w/Toppings Dinner Roll Salad Mix w/Garnish Fruit Selection
5 Spaghetti and Mariana Sauce String Cheese Green Peas Fruit Selection	6 Chicken Nuggets Whole Kernel Corn Salad Mix w/Garnish Fruit Selection	7 Cheeseburger w/ Works Seasoned Beans Fruit Selection	8 F&S Signature Chicken Rice Pilaf Salad Mix w/Garnish Fruit Selection	9 Tomato Basil Soup ½ Grilled Cheese Sandwich Salad Mix w/Garnish Fruit Selection
12 Hot Dog Seasoned Beans Salad Mix w/Garnish Fruit Selection	13 Soft Shell Taco Spanish Rice Salad Mix w/Garnish Fruit Selection	14 Brunch for Lunch (Waffles, Pancakes, or French Toast) Hash Brown Sausage Link Baby Carrots w/Dip Fruit Selection	15 Beanless Chili w/Toppings WG Crackers Salad Mix w/Garnish Fruit Selection	16 Ham w/Sweet Glaze Dinner Roll Macaroni and Cheese Green Beans *Christmas Cookie Fruit Selection
19 Tomato Basil Soup ½ Grilled Cheese Sandwich Salad Mix w/Garnish Fruit Selection	20 Chicken Nuggets Mixed Vegetables Garden Bar Fruit Selection	21 Cheeseburger w/ Works Seasoned Beans Fruit Selection	22 F&S Signature Chicken Rice Pilaf Salad Mix w/Garnish Fruit Selection	23 Spaghetti and Mariana Sauce String Cheese Whole Kernel Corn Fruit Selection
26	27	28	29	30

# of Lunches Ordered	Amount charged to account
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This menu is subject to change without notice. This institution is an equal opportunity provider.